

LHIC Healthy Weight Workgroup Meeting
9.24.15 - 9:30 a.m.
Minutes

MEMBERS PRESENT:

Liz Clark, Healthy Howard, co-chair
Marsha Dawson, HC Off. Of Children's Services
Kelly McMillan, HC Community College
Shawni Paraska, Columbia Association
Mary Ann Barry, Transition Howard County
Christine Lothen-Kline, Health Promotion on Call
Maria Carunungan, HC Health Department
Stephanie Brown, Healthy Howard

Andrew Monjan, Transition Howard County
Michael Senisi, HCPSS
Beth Handy, MD Univ. of Integrative Health
Barbara Wasserman, Community Member
Kelli Shimabukuro, HC Library System
Arleen Tate, Delta Sigma Theta
Wendy Farthing, HC Office on Aging

ALSO PRESENT:

Caryssa Thomas, CCT Administrative Assistant

MEETING MINUTES:

1. Opening of Minutes:

- Meeting called to order by Liz @ 9:46 am.
- Liz distributed LHIC binders to individual organizations of Healthy Weight Workgroup members.

2. FDA Voting Process:

- Workgroup agreed it approved of the way the voting was handled during the full LHIC meeting.

3. New Co-chair Election:

- Andrew Monjan made a motion to approve Kelly McMillan as elected Co-Chair.
- Motion was seconded.
- Kelly was voted in as Healthy Weight Workgroup Co-chair.

4. New Co-Chair for Nutrition Action Group:

- Kelly McMillan resigned as "Informal Co-Chair" of Nutrition Action Group (Combination of Farmers Markets, Food Partnerships and Sugar Sweetened Beverages action groups.)
- Maria Carunungan resigned as "Informal Co-Chair" of NAG
- Barbara Wasserman volunteered to co-Chair:
 - Primary functions to include organizing meetings and agendas for Nutrition Action Group.
 - Mary Ann Barry to remain primary note taker, and after November may also become a Co-Chair.

5. Discussion- Policy & Advocacy Action Group:

- Do we need a Policy & Advocacy workgroup?
 - Plan to have Felicia Pailen and/or Kati Moore from the Health Department become member of Healthy Weight Work Group and attend meetings.
 - Perhaps Kati can be a "floating" action group member so she is aware of progress of all action groups.

- Healthy Weight workgroup will begin to build 5 minute updates on polices into the meeting agendas versus having another action group.
- 9090 Support Action Group:
 - Renewed interest in creation of 9090 support action group. Liz Clark, Kelli Shimabukuro, Barbara Wasserman, and Christine Lothen-Kline volunteered to be members of this newly formed action group.
- 6. Announcements & Information Sharing:
 - Do all workgroup members feel involved and engaged, and understand their roles in the HWWG and their action group?
 - Wendy Farthing is new to the group and thought it would be helpful to have more information
 - Action plans will be resent to all members
 - New action plan group contact page will be sent to all members
 - Representatives from each action group will talk for 3 minutes at next meeting.
- 7. Next Steps/Moving Forward:
 - Next meeting will give updates to progress made in action groups and what still needs to be accomplished.
 - Action plans and contacts will be sent to all members.

Respectfully Submitted by,
Caryssa Thomas
CCT Administrative Assistant